



## 3-6<sup>th</sup> GRADE VOLLEYBALL LEAGUE RULES

- 1) Match Play - Rally scoring will be used for all matches, each serve will result in a point.
  - A) A match will consist of two games; played to twenty-five (25) points. No 3<sup>rd</sup> Game
  - B) No switching sides between games
  - C) Win by at least two points each game with a cap of 27. Or first to 27.
  - D) The match will have a 45 minute time limit. If tied when time has expired, the next point wins the match.
  - E) The warm up time will be 8 minutes. Each team will get 3 minutes on the whole court, then both teams will share serving for 2 minutes.
  - F) Since there is a running clock, coaches and players must hustle at all times and avoid any unnecessary delays.
- 2) Serving Rule
  - A) There is a five point serving rule in effect for ALL 3-6<sup>th</sup> grade leagues. If the same player serves five continuous points, the offense will rotate and the next player will serve if and until they serve five points, etc. The defense does NOT rotate in this situation.
- 3) Player and Substitutions
  - A) Each team must field six (6) players.
  - B) At game time, if a team only has five (5) players, the match will begin. If a 6<sup>th</sup> player is not ready to play at the start of the second game, the team will forfeit the match.
- 4) Net Height
  - A) Net height will be seven feet (7').
- 5) Service Line
  - A) For 3<sup>rd</sup> grade service will start at 10 ft. line and move back with each made serve.
  - B) The service line for 5<sup>th</sup>/6<sup>th</sup> grade line will be moved in five feet (5') for a service step in line
  - C) No foot faults will be called in any of these leagues.
- 6) Officials
  - A) The official has complete jurisdiction over all aspect of the game.
  - B) The official has the power to disqualify from the game or match any player, coach, or spectator who commits a gross violation of rules or poor sportsmanship.
  - C) Unless specified above, all other play will be governed by the Official IESA Rule book.

**REMINDER:** This is an instructional league. We ask that all coaches have patience and make sure the players have fun. The serving spot for 3<sup>rd</sup> and 4<sup>th</sup> grade is determined by the server's ability, if the player is capable of serving from behind the standard serving line, then that is where they should start. If a player is not capable of serving behind the standard service line, then at the coaches' discretion, they may start inside the court up to five feet from the service line. However, once the player demonstrates that they can get the serve over the net, the coach need to have that player take a couple steps back and establish a new starting point for the player. Coaches should continue this process until the player works themselves behind the standard service line. This is expected to be followed on the coaches' honor, however, if not followed the official will enforce the rule. Remember, the goal is to eventually get all of the players serving from behind the line, so moving the players back will only help them in the long run. We allow the "cheating in" so that players that cannot serve from the line are not discouraged from playing volleyball just because they haven't figured out how to serve yet.